

# CHILD AND ADOLESCENT CONSULTATION SERVICE IN YOUR CLINIC A REALITY!



## Multidisciplinary Team Approach:

- Physicians & Mental Health Consultants – Shared Care Consultants (SCC) (e.g., psychologists, social workers, or nurses) and Psychiatrists
- Intended to meet the physician's professional learning goals and the patient's clinical needs

## Consultation Services:

- Assessment
- Treatment and Intervention
- Case Review
- Referral and Resources
- Educational activities focused around physicians' learning goals

## Goals:

- Support physicians and enhance their skills and confidence to provide mental health care to patients who are difficult to manage/complex
- Review physician learning's objectives on an ongoing basis

Appointments with a patient (s) and /or their legal guardians are at the discretion of the physician and the SCC.



## Selection Criteria to Identify Patients for Shared Care Sessions:

- Complaints of high stress and stress related symptoms
- Parent/child relationship difficulties
- Parenting issues
- Complex family issues affecting treatment
- Emotional regulation and behaviour difficulties
- Recent losses including death, parent separation /divorce, etc.
- Depression and/or anxiety symptoms interfering with functioning
- Significant somaticizing or fatigue symptoms with no medical/biological cause
- Chronic absences from school and/or responsibilities
- Discharge from psychiatric admissions; identify transition issues and clarify doctor's role

If you are interested in this service, kindly fill out the enclosed application form and fax it to 403-955-6835

Billing available through  
the SMHC ARP



# REQUESTED INFORMATION CASMHC

Please do not provide any patient confidential information in this form

**Thank you**

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## Section A— Physician Contact Information

Physician's name: \_\_\_\_\_

Clinic Name \_\_\_\_\_

Clinic Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

## Section B— Physician Information

1.	What are your areas of interest in mental health and counselling? i.e. What you would like to learn during your work with Shared Care consultants? _____ _____ _____
2.	What have you noticed are the most frequently occurring mental health concerns (broadly defined) of patients in your practice? _____ _____ _____
3.	Shared Mental Health Care Consultants are available to work with physicians in their practices 2 to 6 hours per month and psychiatrists 1 to 2 hours every 6 week cycle. How much time would you like to dedicate to your work with Shared Care? _____ # of hours per month with the Shared Care Consultant      Which day of the month _____ _____ # of hours per every 6 week cycle with the Psychiatrist
4.	Please list any current mental health services, resources or staff in your clinic: _____

## Section C—Physician signature



Mail or fax this completed form to: **Shared Mental Health Care Program Fax: 403-955-6835**

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**Attention: Sabrina Floccari**

**#6269, 1213—4 Street SW**